

LEEP Instructions
Suburban Women's Healthcare

LEEP (loop electro excisional procedure) is a procedure where the abnormal cells on the surface of the cervix are removed.

REASONS FOR PROCEDURE

- ❖ Abnormal cells on cervix or cervical dysplasia
- ❖ Discrepancy between pap smear and colposcopy exam

GENERAL INFORMATION

The procedure is usually performed in "Minor Surgery" located on the ground floor in the back of Millard Fillmore Suburban Hospital. Please eat a light meal the morning of the procedure. It is best to have someone drive you to this appointment.

DESCRIPTION OF PROCEDURE

A speculum is placed, just as if you were having a Pap smear done. We look at your cervix again magnified and with a solution that helps highlight abnormal cells. Local anesthesia is placed in the cervix. A small loop of wire, which electrical current flows through, is passed over the surface of your cervix. A medicine (Monsels solution) is then placed on your cervix, which forms an artificial scab.

POSSIBLE COMPLICATIONS

Although complications are rare, possible complications include excessive bleeding or cervical scarring

POSTPROCEDURE CARE

You will be discharged usually 10-30 minutes after the procedure. You may take acetaminophen or ibuprofen as needed for cramping. **Nothing is allowed in your vagina (no intercourse, tampons, douching or tub baths) for four weeks.** Expect light vaginal bleeding and a dark brown clumpy discharge several days after the procedure. It is normal to have a watery vaginal discharge for several weeks, which is a normal part of the healing process. To help your recovery, resume daily activities as soon as you are able. No strenuous exercise for 24 hours. Our office will call you with the results of the procedure in 7-10 days and we will schedule your next visit in 4months time.

NOTIFY OUR OFFICE (876-5512) If any of the following occur:

- ❖ Abdominal pain not relieved by acetaminophen or ibuprofen
- ❖ Heavy vaginal bleeding (soaking a pad or more per hour)

Procedure Date ____ / ____ / ____ Time _____